

Report on Development



Shree Gangnath Mahadev Ashram Shree Gangnath Sanshtan Ashram Trust

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History of Gangnath Mahadev Ashram

The great sage Markandeya tells Yudhisthira to go to the Kahlori tirth which destroys all the sins. The Kahlori tirth is presently known as Gangnath Mahadev Ashram is situated on the Northern bank of the Holy river Narmada 2 Km from Chandod in district of Baroda state of Gujarat. Gangnath is famous from ancient times being the seat of the immaculate syayambhu linga known as Gangnath Mahadev. Most of its recent fame could be traced to the time Sri Brahmanandji settled here. After attaining spiritual enlightenment he developed this holy place by constructing Gangnath Temple, Saraswati Gufha, Dharmshala, Goshala, Stairs to Narmada and other projects.



Sayajirao Gaekwad, the Maharaja of Baroda and his five ancestors were the followers of shri Brahmanandji and used to visit him frequently.

Shri Aurobindo after returning from U.K joined as a personal secretary to the Maharaja and during his long stay in Baroda he paid two or three visits to yogi shri Brahmanandji. Describing his visit to Brahmanandji shri Aurobindo says "He had the most remarkable eyes , usually his eyes were either closed or half shut.when I went to see him and about to leave, he opened his eyes full and looked at me, It seemed as if he could penetrate and see everything within clearly".



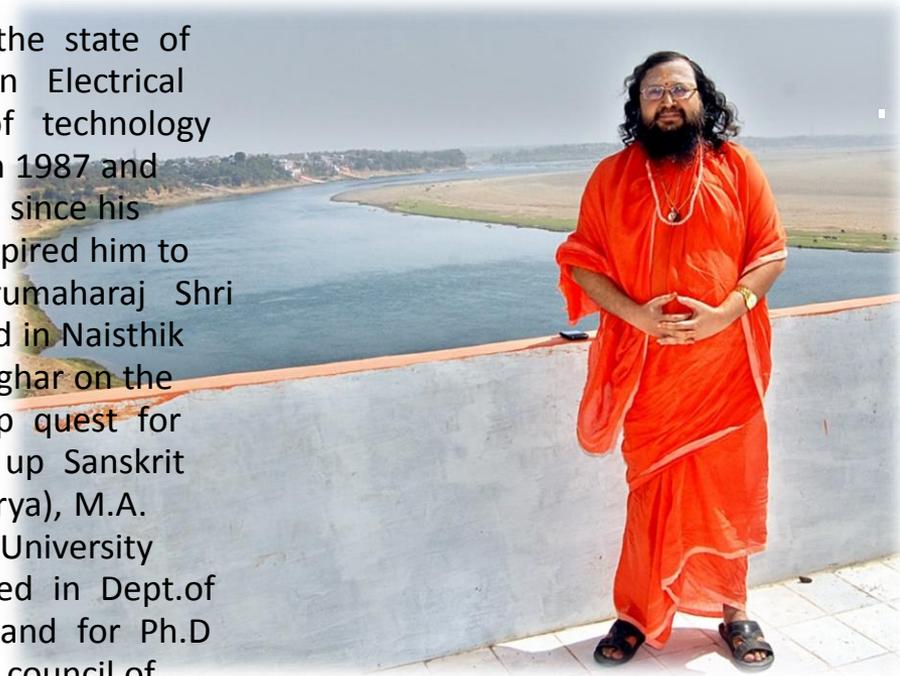


Narmdaji Darshan from Gangnath Ashram



Yogi Shri Brahmanandji was of very simple nature compassionate at heart both for saints and familymen, rich and poor. He used to give shelter to the pilgrims & parikramavasis and offer them meals, clothe treatment, nursing and other services. There are many stories of his acts of Yogvibhuties. From different opinion it is believed that he lived atleast 240 years. His main disciples were Shri Balanandji, Keshavanandji, Nityanandji, Prithvanandji & others. On magh purnim. 1906 he took mahasamadhi under deep meditation. At Gangnath Shri Kailashanandji was succeded by Shri Ganeshanandji who managed the Ashram for last 40 years. He appointed Shri Pavitrananda Brahmachariji who is the disciple of Shri Mohnananda brahmachariji of Shri Balanand Ashram Deoghar. Shri Ganeshanandji departed in 2008 on Ashwin amavashya(deepawali) and since then Shri Pavitranandaji is the Mahant and Chairman of Shree Gangnath Sansthan Ashram Trust .Under his efficient and able guidance the organization is running smoothly.

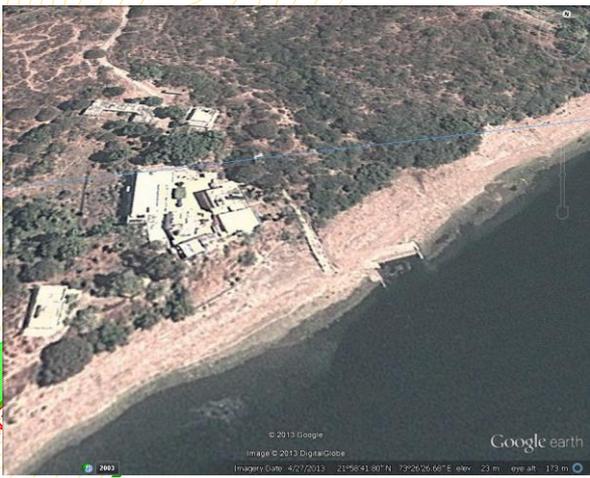
Shri Pavitrnananda Brahmachari was born in Bhopal in the state of Madhya Pradesh in 1966 and completed graduation in Electrical Engineering (B.E. Electrical) from National Institute of Technology Bhopal in 1987 and joined an Engineering firm in Calcutta in 1987 and worked for less than one year. But the intense spiritual urge since his childhood and spiritual life of his father and mother also inspired him to finally take shelter at the Divine lotus feet of Gurumaharaj Shri Mohanananda Brahmachari Maharaj by whom he was initiated in Naisthik Brahmacharya order in 1988 at Shri Balananda Ashram Deoghar on the auspicious day of Mahastami, Navratri Durgapuja. His deep quest for Vedic and Upanishadic knowledge inspired him to take up Sanskrit studies in Deoghar. He completed his B.A, M.A (Vedantacharya), M.A. (Jyotishacharya) from Rastriya Sanskrit Sansthan a Deemed University under Ministry of H.R.D.Govt. of India and was Registered in Dept. of Philosophy in Vinoba Bhave University Hajaribag, Jharkhand for Ph.D and was also awarded. Junior Research fellowship by Indian Council of Philosophical Research



Existing Premises of Gangnath Mahadev Ashram



PROPOSED DEVELOPMENT PLAN OF GANGNATH MAHADEV ASHRAM



PROTECTION WALL ON RIVER SIDE



Longitudinal structures are hydraulic structures with their length parallel to the river flow. These structures are often built on, or supporting, existing natural banks and typically extend for a considerable distance. They are used for a variety of purposes, such as: Erosion control, Control of meandering, Containment of the normal flow channel, Flood protection

A trained water course reduces land-loss caused by erosion, yet the inherent strong longitudinal or transverse currents can still erode the river banks or the toe of the banks making them unstable. Therefore the river bank protection solution must be sufficiently robust and well designed to counteract these forces.

Steep channel banks: Mass gravity bank retention

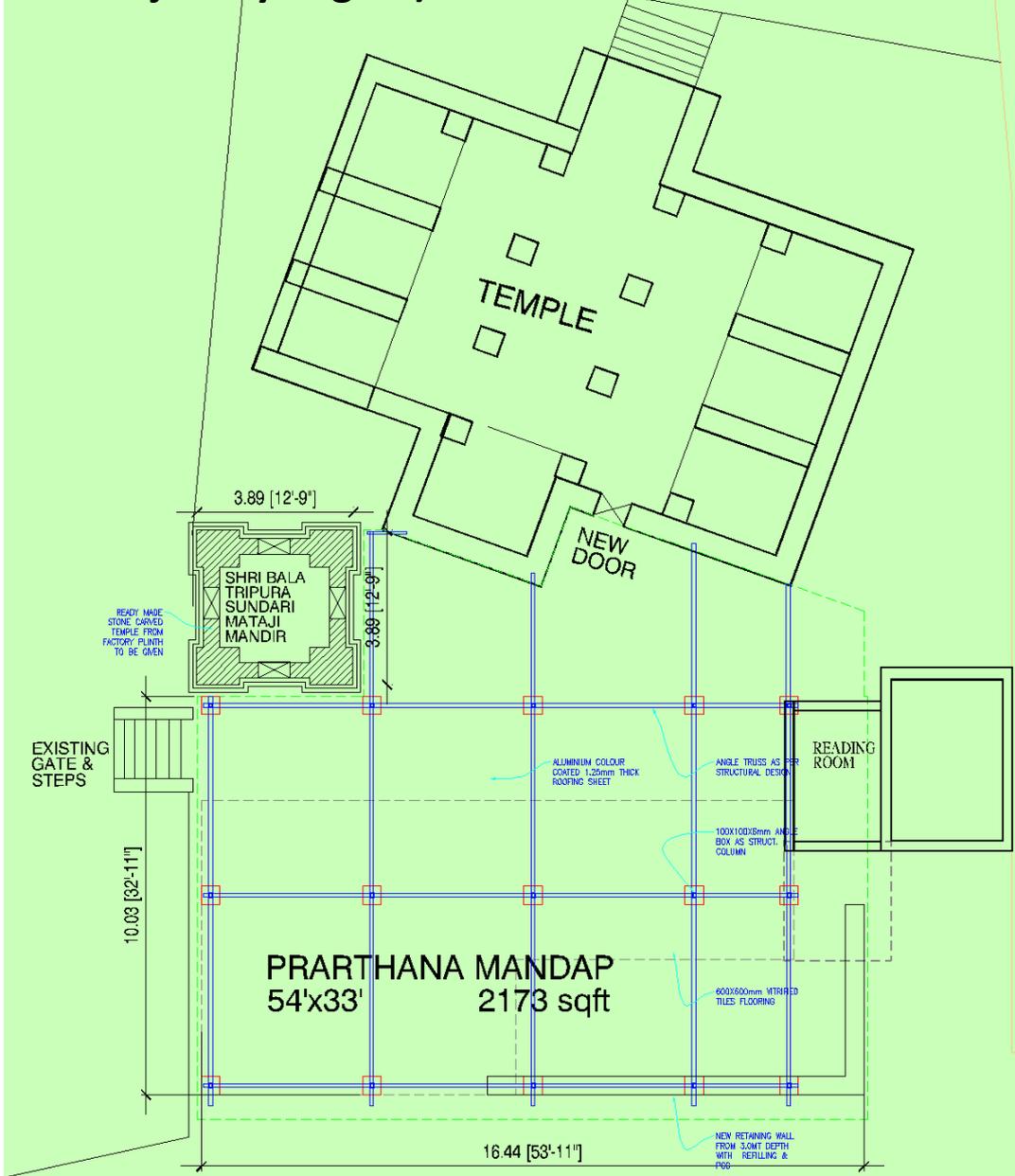
When the channel bank is over-steep and destabilized by erosion, a structure is required to retain the bank as well as provide on-going erosion protection: flexible double twist hexagonal mesh gabion walls or Terramesh reinforced soil systems are often used. A flexible system is essential in these testing conditions, along with suitable corrosion protection on the wire used in the gabions. Heavily galvanised wire with an additional PVC coating may be required.

Shallow channel banks: Bank protection

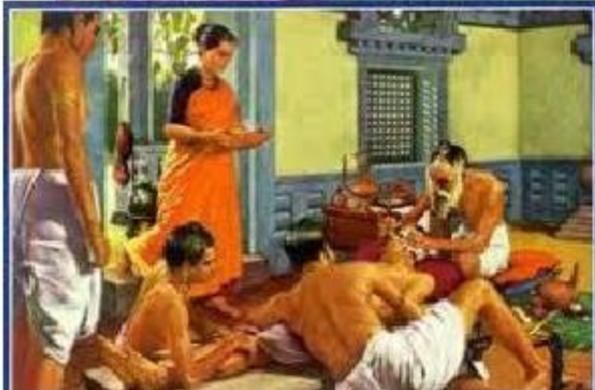
When the channel bank is stable from geotechnical aspects, a simple erosion protection solution may be appropriate. Without this protection, the slope may gradually erode and steepen over time, until it becomes unstable.



Complete Renovation of Shri Gangnath Mahadev Temple & sarasvati gufa (Brahmanand Maharaj's Dhyana gufa) & Construction of Mata Bala Tripura Sundari Devi Temple



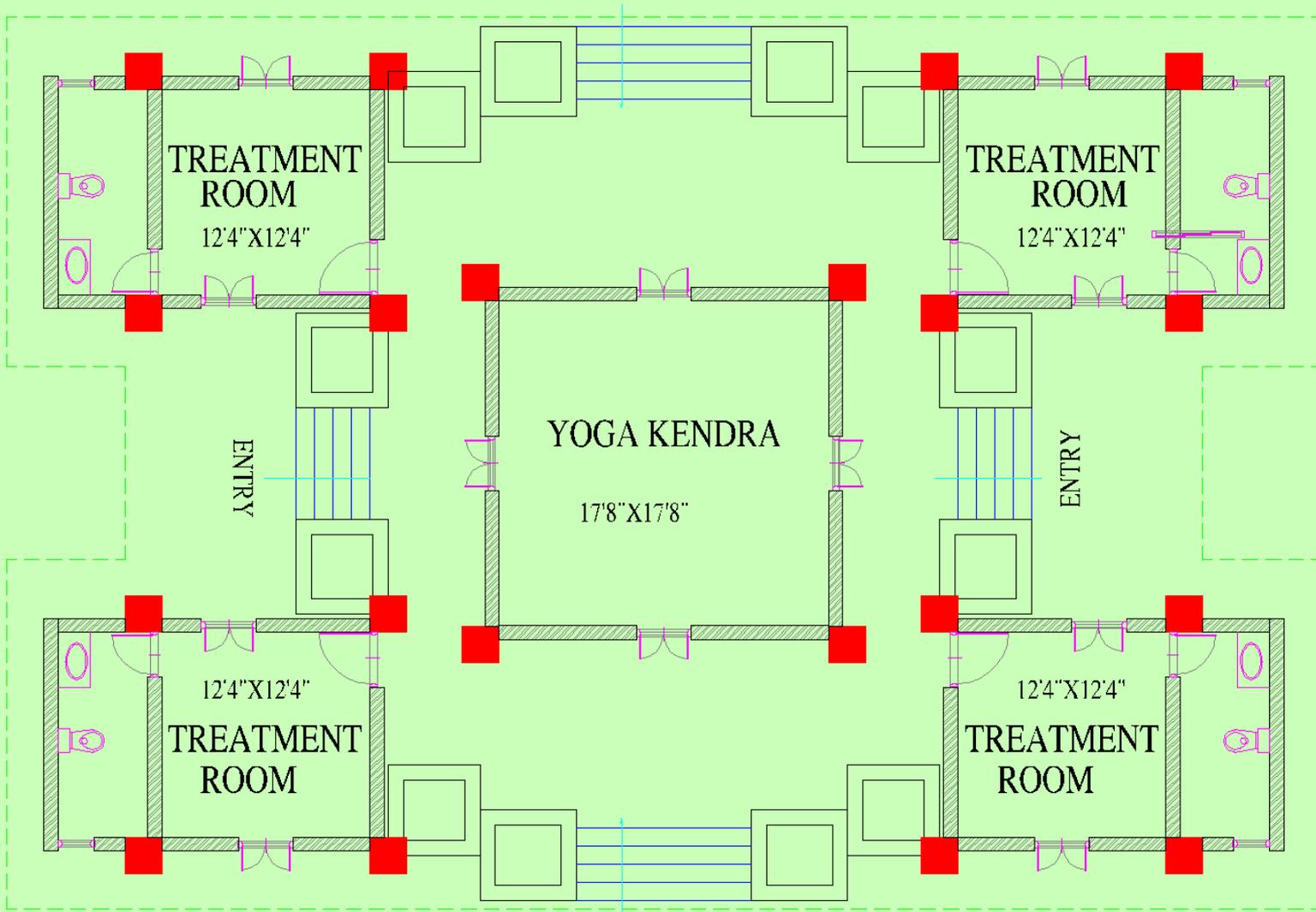
SHREE BRAHMANAND AYURVED & YOGA RESEARCH CENTRE



According to Ayurveda, our natural state is one of health, happiness and an inner sense of well-being. Health is defined as the body being clear of toxins, the mind is at peace, emotions are calm and happy, wastes are efficiently eliminated and organs are functioning normally. In a busy, stressful and toxic world, our physical and mental systems accumulate toxins causing deterioration in bodily functioning. This eventually weakens our systems, which opens the door for chronic, degenerative, and non-specific diseases to develop. These can evolve into serious specific diseases, ultimately damaging an individual's health and wellness.



ENTRY



ENTRY

AYURVED & YOGA RESEARCH CENTRE
2960 SQFT

AbhyangaSweda

Abhyanga is an Ayurvedic full body massage done by two therapists working synchronistically. It helps to remove toxins from the body; it profoundly relaxes not only the mind but also all bodily tissues. Modern research has shown that the effect of Abhyanga lasts for one week to one month. Regular Abhyanga is known to prevent diseases such as arthritis, diabetes and other circulatory disorders.

Shirodhara

Shirodhara is a unique oil treatment to the head; it nourishes the hair and removes mental strain and toxins. It is an excellent remedy for insomnia, hair-loss, dandruff and migraine.

Pizhichil

This treatment is a free-radical scavenger, helps in toning, strengthening and deeply rejuvenating the entire body. Increases Ojas and helps build body immunity. Helps patients who are recovering from paralysis, promotes healing of fractures. Is excellent for fast recovery from post radiation and chemotherapy.

Kashayasekha

This treatment is anti-aging and rejuvenating. Also acts as a free-radical scavenger, helps in toning and strengthening the entire body. Alleviates burning sensation and improves circulation

MukhabyangaNasya

Brings about profound relaxation of the mind and body. It deeply relaxes and revitalizes the central nervous system. Migraine, insomnia, chronic cold, sinusitis, rhinitis

Head, neck and shoulder massage

A soothing and relaxing massage of the head, neck and shoulders which helps treat insomnia, hair loss and helps to relieve stress from the neck and shoulder areas.

Foot massage

A reflexology based massage which brings about profound relaxation to the mind and body. It deeply relaxes and revitalizes the central nervous system.

Udvardana

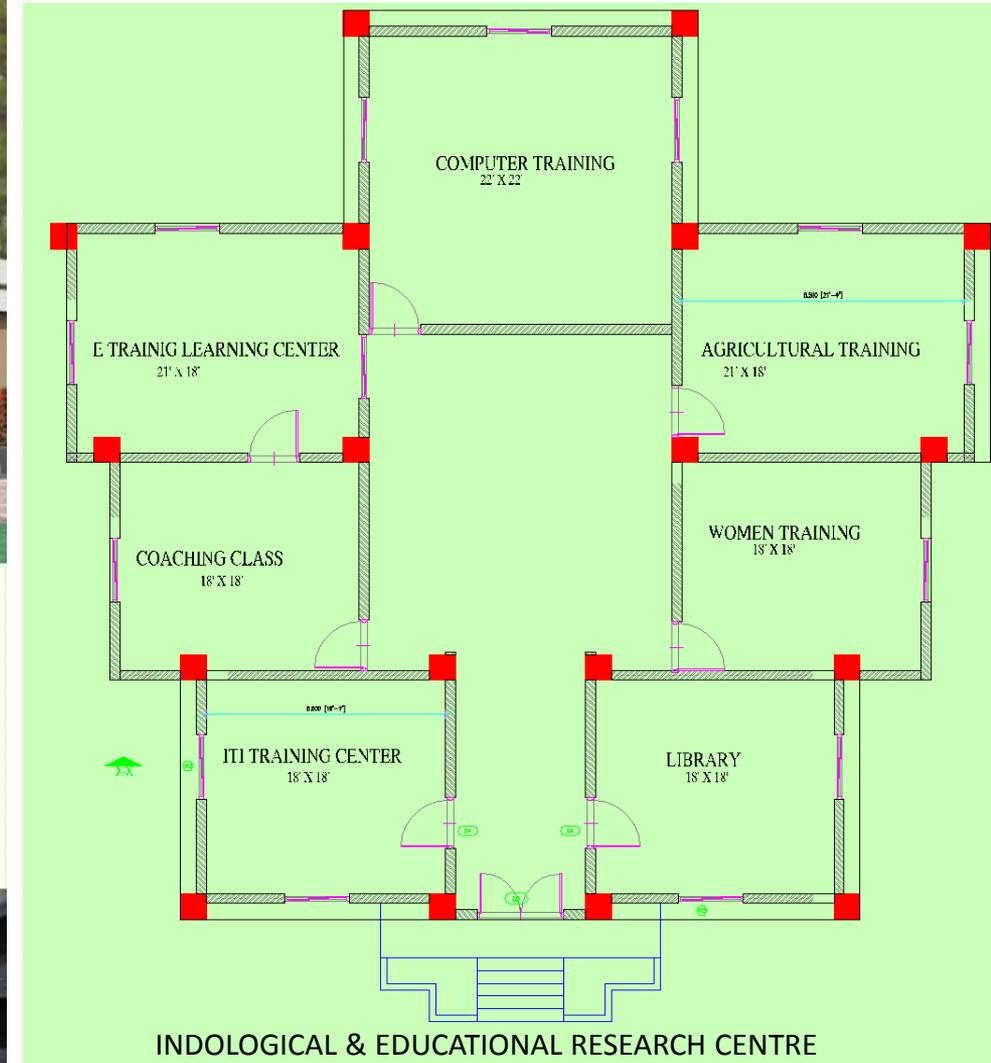
A reflexology based massage which brings about profound relaxation to the mind and body. It deeply relaxes and revitalizes the central nervous system.

Navarakizhi

A liberal application of the medicinal herbs dipped in warm medicated milk decoction or medicinal oil and moved gently over the body. It is anti-aging and rejuvenating, it improves tissue strength and blood circulation, removes cellulite, beautifies skin, induces sound sleep, and promotes vitality. It also reduces stress and removes toxins.

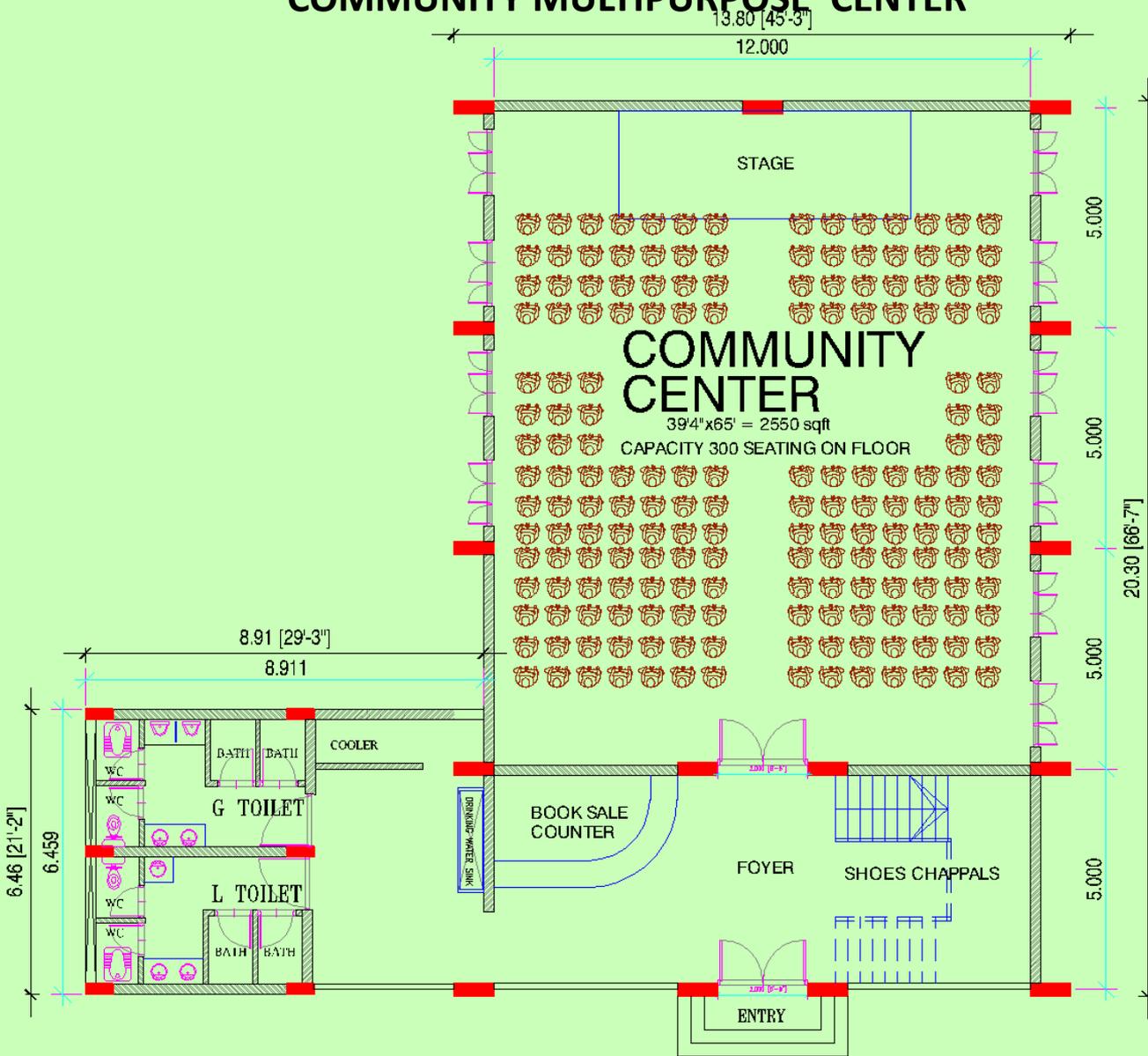


SHREE BRAHMANAND INDOLOGICAL & EDUCATIONAL RESEARCH CENTRE.



Proposed built up area 3700 sqft

COMMUNITY MULTIPURPOSE CENTER

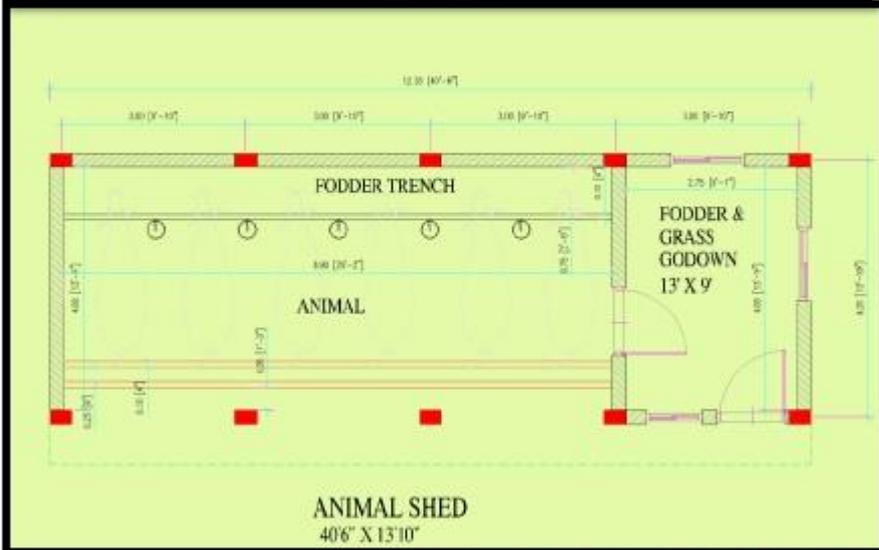
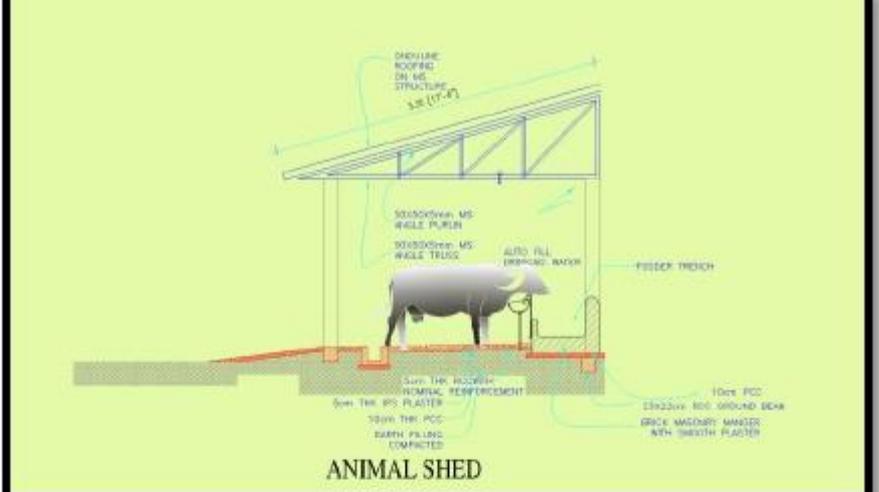


Proposed total built up area 3585 sqft

BUILT UP AREA
333 sqmt 3585 sqft

GAU SHALA (Animal shed)

The sanctity of the cow is perhaps the foremost sentiment of Hindus for whom this sacred animal has far deeper nuances in Indian culture and ethos than is generally understood. For instance, in Sanskrit, the vocabulary used to mention the cow is indeed staggering, revealing the extraordinary importance that was once attached to it. Indian scriptures tell us that the cow is a gift of the gods to the human race. It is a celestial being born of the churning of the cosmic ocean. Guias the cow is called in Hindi, is symbolic of Earth itself (similar to Gaia, the Greek goddess of earth). It followsthat the cow represents the Divine Mother that sustains all human beings and brings them up as her very own offspring. Much as a mother shows the highest mark of affection for her young, the passion of the cow for her calf is just as legendary and often referred to in Indian literature. In fact, the cow is even more than a mother in the sense that it fulfills all the needs of her children as well. It is in this conception that the cow is understood as Kamadhenu, the wish filling mythical cow, abode of the 330 million Indian gods and goddesses.



**Proposed built up area
592 sqft**



Ayurved Medicinal Plant Garden on 5 acres of land

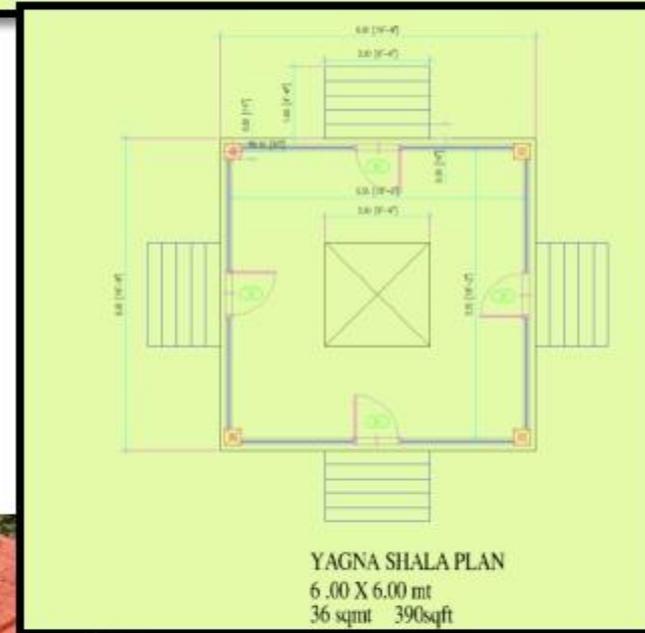


Yagyashala

To carry forward this illustrious legacy, Gangnath Ashram organization zealously follows the tradition of holding Yagnas and Havans . These are held regularly in the ashram temple . The demand for new Yagyashalas in which the scholars , mahatmas and the other public members get together to remember God Almighty and thank Him for all the bounties that he has showered upon his children. These Yagnas, along with the chanting of the Holy Mantras help in purifying the atmosphere.

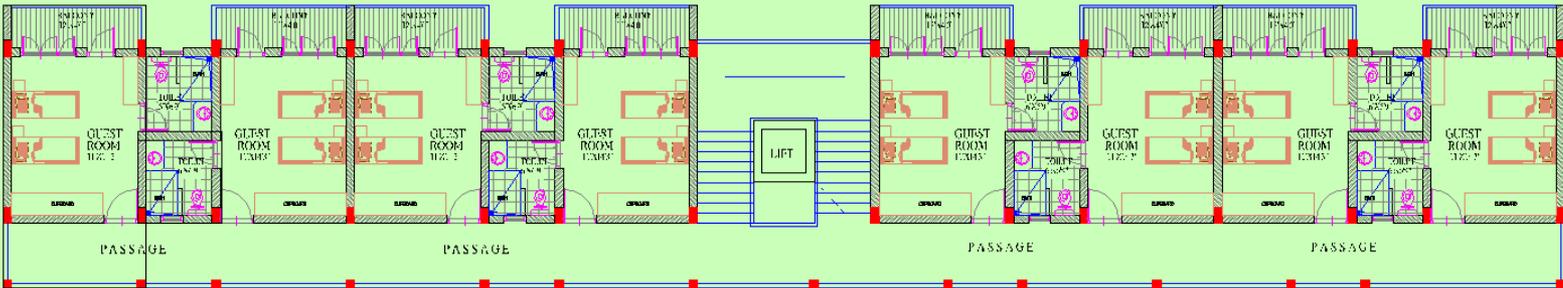
Yagyashala, accommodating 30 people at the same time. This octagonal shaped Yagyashala is an architectural wonder that has been constructed in white marble. It has been decorated aesthetically with VedMantras depicted on all its walls and floral bounty grown all around it.

Every day the Sanskrit students of a indological study center along with their teachers perform the daily Yagna amidst the chanting of the holy vedmantras. All will sits down to perform a Havan under the aegis of the worthy Principal of the Ashram.



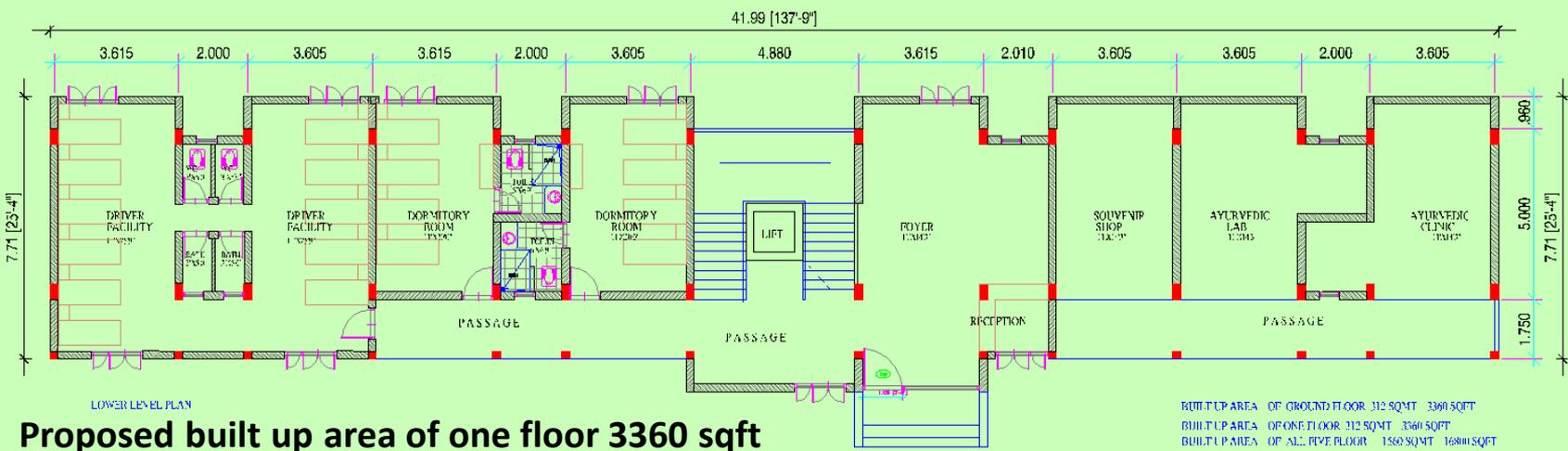
**Proposed built up area
390 sqft**

VIP Guest House



TYPICAL 1st, 2nd & 3rd FLOOR PLAN - total Rooms x 3 floor = 24 rooms

BUILT UP AREA OF ONE FLOOR 302 SQMT 3250 SQFT
 BUILT UP AREA OF ONE ROOM 30 SQMT 400 SQFT

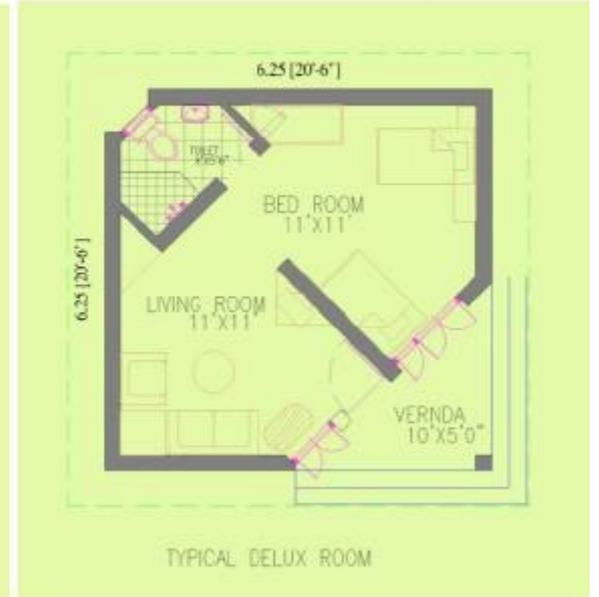


LOWER LEVEL PLAN

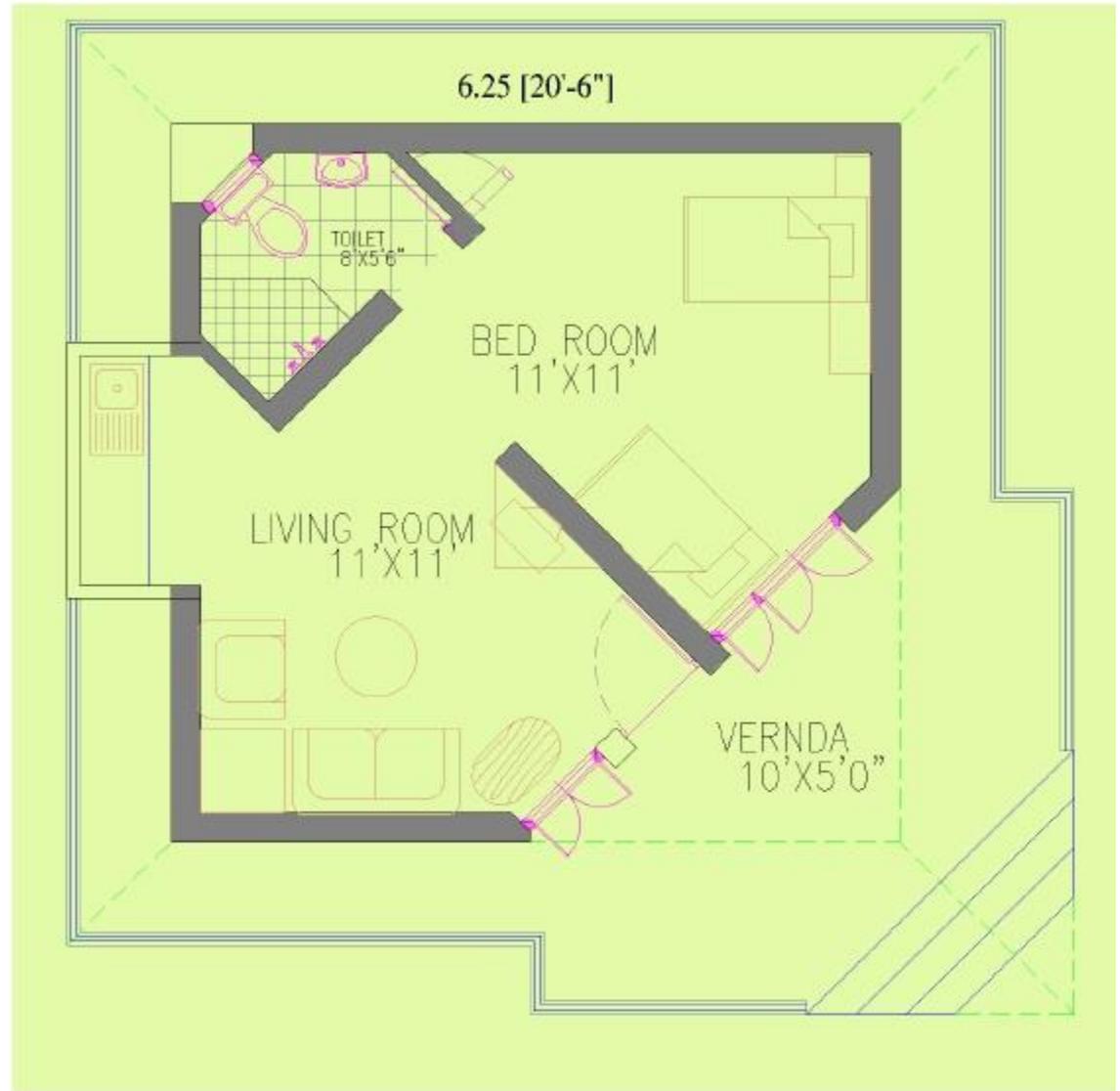
BUILT UP AREA OF GROUND FLOOR 312 SQMT 3360 SQFT
 BUILT UP AREA OF ONE FLOOR 312 SQMT 3360 SQFT
 BUILT UP AREA OF ALL FIVE FLOOR 1560 SQMT 16800 SQFT

**Proposed built up area of one floor 3360 sqft
 & Built up area of 1 room 400 sqft**

Vrudhashram



Narmadaji Darshan Kutirs



**Proposed built up area
755 sqft**

Thank You

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